



#MEAction UK

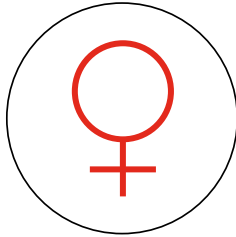
Campaigning for improved recognition, education and research into ME

Myalgic Encephalomyelitis, is a profoundly debilitating, complex energy-limiting disease, affecting multiple systems within the body.

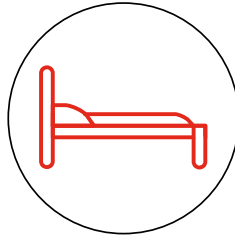
Did you know?



700,000 people in the UK, or 1 in 100 people, have ME.



Around 80% of people with ME are women.



At least 1 in 4 people with ME is housebound or bedbound.



There is no single test to diagnose ME, no cure and no universally effective treatment.



People with ME have lower quality of life measurements than any other disease tested.



70% of GPs interviewed thought ME was rare, despite higher prevalence than MS or Parkinson's.



88% of medical students surveyed reported not being taught about ME.

Make sure you know how to diagnose and support people with ME.

Contact #MEAction Network UK at uk@meaction.net

Scan the QR code to visit www.meaction.org.uk/MedEd for a range of further resources on ME.





Learn About ME

Informing professional practice

Teach ME & Treat ME for #MillionsMissing

This free online CPD module is designed to update and assess your clinical knowledge and patient management of the evolving international biomedical narrative on Myalgic Encephalomyelitis / Chronic Fatigue Syndrome. Receive a 1 Hour CPD Certificate on successful completion of this module.

Completing this module will help you to:

- Gain knowledge in diagnosing ME/CFS.
- Understand the latest biomedical research.
- Treat and manage ME/CFS with more confidence.
- Accompanying Action for M.E. podcasts are available at www.buzzsprout.com/1717775.

Scan to access a free, online CPD module on Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS)



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The #MEAction Network UK